



**NORFOLK**  
FAMILY HEALTH TEAM

*Your well-being is our Primary care*

Bringing you specialized healthcare programs & services, offered by our highly dedicated team of caring professionals.

## **Smoking Cessation Program**



*Here, Butting Out is a good thing!*

*Teaching you the skills, and giving you the tools necessary, to assist you in your journey of kicking that habit for good.*

*We're here for you... just relax & breathe.*

Funded by the Ministry of Health to provide sustainable rural healthcare in Norfolk County.

***To learn more, visit us online at: [norfolkfht.ca](http://norfolkfht.ca)***

***Or call us at: 519-582-2323 (ext. 247)***

*Proudly serving Norfolk County & surrounding areas.*

With current locations in:

### **Delhi**

105 Main Street  
(Delhi Community Health  
Centre building)

### **Port Rowan**

1035 Bay Street  
(Port Rowan Medical  
Centre building)